

<b>Healthy Washington County Meeting</b>	
<b>Date &amp; Time</b>	July 6, 2021 / 1000 am – 1130 pm
<b>Location</b>	Webex
<b>Attendees</b>	Jeanette Brill; Allen Twigg; Amy Olack, Barbara Williams, Brandon Rhodes; Chip Wood, Christie Staubs, Curt Miller, Deb Thompson, Doug Spotts, Danielle Stahl, Earl Stoner, Hannah Person, Janice Howells, Janis Williamson; Jennifer Schmiel, Joni Rampolla, Julie Teeter, Kenneth Winebrenner, Kmurgaugh, Laurie Sandberg, Linda Brooks, Lindsay, Lisa McCoy, Lynn Mejia, Melissa Minotti, Norma Burcker, Scott Ruble, Susan Walter, Wendy Zimmerman
<b>Guest</b>	
<b>Minutes Review</b>	Minutes were dispersed thru email, no edits noted. Approved as written.
<b>COVID-19 / Vaccination Update</b>	<p>Hesitancy &amp; Barriers to the vaccine focus mostly around safety and how quickly the vaccine was developed</p> <ul style="list-style-type: none"> <li>○ WCHD launched last month Vaccine Hesitancy Campaign- billboards, digital advertisements, flyers and table pens available for distribution</li> </ul> <p><a href="https://www.washco-md.net/coronavirus-info/">https://www.washco-md.net/coronavirus-info/</a> for update COVID-19 &amp; Vaccination Location Information</p> <p>Health Department still conducting community COVID testing &amp; community clinic; Call 240-313-3456 for an appointment</p> <ul style="list-style-type: none"> <li>○ Drive Thru Vaccination Clinic, 13 West Lee Street, Mondays &amp; Wednesdays from 9am to 2:15pm</li> <li>○ WCHD Mobile Community Vaccination Clinics <ul style="list-style-type: none"> <li>▪ July 6: 9am-3pm, Byron Memorial Park, 11 Park Rd, Williamsport, MD 21795</li> <li>▪ July 9: 9am-3pm &amp; 4:30-7pm, St. Mark's Lutheran Church, 601 Washington Ave, Hagerstown MD 21740</li> <li>▪ July 9: 7pm-10pm, The Lodge, 21614 National Pike, Boonsboro, MD 21713</li> <li>▪ July 22: 10am-3pm &amp; 4:30-7pm, Frederick Manor Gym, 639 Hayes Ave., Hagerstown, MD 21740</li> <li>▪ July 30: 9am-3pm &amp; 4:30-7pm, St. Mark's Lutheran Church, 601 Washington Ave, Hagerstown MD 21740</li> </ul> </li> </ul> <p>Meritus COVID-19 Vaccine Clinic, Robinwood Professional Center, Atrium:</p> <ul style="list-style-type: none"> <li>○ Tuesday, Thursday - 8:30 a.m.-7:00 p.m.</li> <li>○ Friday, Saturday - 9:00 a.m. - 3:30 p.m.</li> </ul>

	<p>Meritus is providing a mobile vaccine clinic throughout the county, targeting “hard to reach” populations. Coordinating with WCHD and community groups.</p> <p>❖ <b>ACTION:</b> If interested in hosting Vaccine Clinic at your event or organization please contact Allen Twigg, Cindy Earle (<a href="mailto:Cindy.Earle@meritushealth.com">Cindy.Earle@meritushealth.com</a>), or Jeanette Brill</p>
<p><b>Go for Bold-Lose 1 Million Pounds Update</b></p>	<p>Data review as of Monday, July 5th</p> <ul style="list-style-type: none"> <li>○ Total registered users = 2,100</li> <li>○ Total weight loss = 11,425 lbs.</li> <li>○ In last 30 days, increase in registration &amp; participation; averaging 130 lbs. lost /day</li> </ul> <p>Website Progress – Dedicated page on HWC website – Go For Bold</p> <ul style="list-style-type: none"> <li>○ New resources posted for DO, EAT, BELIEVE</li> <li>○ 10,000 Step Challenge about to end July 10<sup>th</sup></li> <li>○ Martins “Summer Road Trip” – highlighting recipes you can travel to</li> </ul> <p>Next Steps</p> <ul style="list-style-type: none"> <li>○ Increase engagement to meet organizational pound pledges; Meritus has experienced greatest success by aligning participation with employee wellness program</li> <li>○ Partners are asked to promote and boost employee participation</li> <li>○ Let’s Lead consultant group is evaluating the launch of campaign &amp; strategy; they are requesting short interviews with participating organizations</li> <li>○ Next milestone GOAL = Lose 25,000 lbs. by Dec. 31<sup>st</sup>, 2021</li> </ul> <p>Feedback</p> <ul style="list-style-type: none"> <li>○ Chip Wood - Promote Civil War Railroad Trail proposal– great for hiking and biking; 24 miles long and run from Hagerstown's City Park to C&amp;O Canal in Weverton; currently being proposed to County Commissioners; requests HWC support</li> <li>○ Wendy Zimmerman – currently enrolled in Faith, Activity &amp; Nutrition program (FAN) by University of South Carolina, Prevention Research Center; program to help churches create healthier environments for physical activity and healthy eating.</li> </ul>

<p><b>FY2022 CHNA</b></p>	<p>Occurs every three (3) years; to date Steering Committee has been formed</p> <p>Plan</p> <ul style="list-style-type: none"> <li>○ Step 1: Identify &amp; Engage Stakeholders – Steering Committee, HWC members, etc.</li> <li>○ Step 2: Define the Community to be Assessed – People who live and work in Washington County, MD</li> <li>○ Step 3: Collect &amp; Analyze Data             <ul style="list-style-type: none"> <li>▪ Secondary: existing Health data (i.e. Health Rankings, MD Vital Statistics, Meritus Health, WCPS, etc) &amp;</li> <li>▪ Primary Data (Key Informant Interviews &amp; Focus Groups);                 <ul style="list-style-type: none"> <li>● Key Informant Interviews (in person or virtual depending on need) will be conducted over next 60 days; Steering Committee created a list of interviewees; interview questions will be emailed to participants prior to interview;</li> <li>● Focus Groups (in person) to capture under-represented groups or help fill in gaps in info</li> </ul> </li> </ul> </li> <li>○ Step 4: Select Priority Community Health Issues –Steering Committee will analyze all data and create Ranking Survey for Health Priorities and Social Determinants of Health</li> <li>○ Step 5: Document &amp; Communicate Results – before end of 2021</li> </ul> <p>❖ <b>ACTION:</b> Need volunteers to conduct 1-2 pre-scheduled interviews; contact Allen Twigg or Jeanette Brill to participate.</p> <ul style="list-style-type: none"> <li>○ Lisa McCoy, Laurie Sandberg, Janis Williamson, Diana Gavaria, Melissa Minotti and the Comstock Ctr team</li> <li>○ Amy Olack volunteered to help with focus group needs for seniors; other focus groups to be formed in the future</li> </ul>
<p><b>Diabetes Action Plan Update</b></p>	<p>Diabetes Prevention Program (DPP); year long; goal 5-7% weight lost; encouraging participants to exercise 150 minutes/week; in person &amp; virtual classes offered (HALT); spanish classes available starting October; first 6 months meet weekly, last 6 months meet monthly for 1 hour each; goal to have classes starting every other month; no cost associated with the class; participants can be self-referred or provider-referred</p> <ul style="list-style-type: none"> <li>○ Currently three (3) programs running; 48 participants total;</li> </ul>

	<ul style="list-style-type: none"> <li>○ Grant requires 8-10 classes in CY22, 15-20 classes in CY23, etc.;</li> <li>○ Goal to be more visible within the community; collaborating with Family Healthcare for the downtown community</li> <li>○ Meritus Health, WCHD, and Commission on Aging currently have lifestyle coaches</li> </ul> <p>Developed an order, in the electronic health records system (EPIC) at Meritus Health, to refer patients to DPP</p> <p>Goal for the community to develop a centralized referral system for all DPP &amp; Diabetes Management Classes</p> <p>Alert Based Screening in March – 488 people determined their risk; of which 186 were at risk</p> <p>On HWC website – Diabetes Risk Screening Tool; have postcards w/QR Code referring to this site</p> <p><a href="https://healthywashingtoncounty.com/health-resources/diabetes/">https://healthywashingtoncounty.com/health-resources/diabetes/</a></p> <p>❖ <b>ACTION:</b> If you are interested in coaching DPP or having classes at their organization, please contact Laurie Sanberg.</p> <ul style="list-style-type: none"> <li>○ Christie Staubs - MPC interested</li> </ul>
<p><b>HWC Subcommittee Work plans and Annual Updates</b></p>	<p>Behavioral Health</p> <ul style="list-style-type: none"> <li>○ Downward trend in ED; not as many children being seen</li> <li>○ Uptick of individuals with chronic mental illness in ED with exacerbated symptoms</li> <li>○ Looking at resurrecting the Photovoice Project to reduce stigma; further work need for organization of work and possible grant funding</li> <li>○ Increased panhandling visible in the community; discussion on whether or not if this is related to the homeless population; outreach from Goodwill to provide education and resources</li> <li>○ Meritus pursuing grant to help with renovation/building a 6-Bed unit thru the MD Bond Program for Crisis Stabilization; accepting letters of support from community; application deadline by July 8<sup>th</sup>, 2021; 2 step process: initially convert 3-beds temporarily in the inpatient Behavioral Health Unit to provide stabilization services or substance use disorder treatment while a 6-bed unit is being created; if approved, 24-72 hours observation with transition to treatment; Peer Support warm hand-off to IOP or direct transfer to residential treatment</li> <li>○ September is Recovery Month, Washington County Goes Purple events &amp; activities coming soon</li> </ul>

	<ul style="list-style-type: none"> <li>○ Treatment Day events (April – June): helped people access treatment</li> <li>○ Brooklane will resume Mental Health First Aid training in the Fall; holding Facebook Live Programs on various mental health topics             <ul style="list-style-type: none"> <li>▪ July 16<sup>th</sup> “Balancing home and work life”</li> </ul> </li> <li>○ Brookes Kerbs <a href="mailto:brookek@wcmha.org">brookek@wcmha.org</a> <ul style="list-style-type: none"> <li>▪ Suicide prevention training with Clinicians “Recognizing and Responding to Suicide Risk”</li> <li>▪ Launched Suicide Prevention Campaign website: <a href="http://www.washcosuicideprevention.org">www.washcosuicideprevention.org</a>; promotional mugs, posters and educational materials available</li> <li>▪ Gun safety: Safe storage information &amp; free gun lock kits are available</li> </ul> </li> </ul> <p>Health Management &amp; Wellness</p> <ul style="list-style-type: none"> <li>○ Working on merging action plans from both subcommittees that combined</li> <li>○ Updating website to promote National DPP and added pre-diabetes risk assessment</li> <li>○ Creating a referral system for DPP</li> </ul> <p>Posting workplans on HWC website to be accountable for goals and measures set</p>
<p><b>Community Updates</b></p>	<p>Brandon Rhodes - CPEST program has changed the age of enrollment from 50 to 45 to meet ACS guidelines</p> <p>Melissa Minotti - The Comstock Center is back open - all staff are vaccinated and we are seeing research participants</p> <p>Janis Williamson - The Arc of Washington County hosting farmers market on 7/16.</p> <p>Scott Ruble - Goodwill hosting A day of Hope on August 14th and offering workforce development and housing assistance in full again</p> <p>Janice Howells – Wash. Co. Public Schools: All 7th graders required to have the following vaccinations: TDAP &amp; Meningococcal;</p> <ul style="list-style-type: none"> <li>○ Vaccine clinics at the Health Dept. on 7/29 &amp; 8/19, 1-7 pm; in addition they will be offering the COVID-19 vaccine</li> </ul> <p>Lynn Mejia - Panty on the Go event - Robert W Johnson Comm Center Inc (109 W North Ave, Hagerstown, MD 21740); from 11 a.m. to 3 p.m. on July 23</p>

	<p>Lisa McCoy – University of MD extension was awarded 2 grants for community immunization education and engagement;</p> <ul style="list-style-type: none"> <li>○ 2 steps: testing messages about educating consumers about COVID vaccine and addressing those with hesitancy; 2 year program narrowing in on a target population-agricultural workers that are hesitant to receive the vaccine; conducting key informant interviews and listing tours</li> <li>○ Looking for community partners to work on this</li> </ul> <p>Lynn Mejia- United Healthcare Community Plan, food pantry on 7/23 at the Robert W. Johnson Community Center on W. North Ave 11 AM-3 PM; also, have free set of 3 nesting Tupperware containers available, contact <a href="mailto:lynn_a_mejia@uhc.com">lynn_a_mejia@uhc.com</a></p> <p>Amy Olack – Commission on Aging: congregant site opened this week; senior centers open by registration only, meals on wheels volunteers needed to deliver on MWF. First Annual Golf Tournament on 8/13- one sponsorship position left. Volunteer interests for MOW or Golf Tournament interests- <a href="mailto:info@wccoaging.org">info@wccoaging.org</a></p> <p>Hannah Person-mobile farmers market start today, accepts SNAP, targeting downtown Hagerstown, schedule on HWC website</p> <p>Joni Rampolla, MARTINS - Friday, July 9th from 5pm to 7pm, we are having an outdoor Fresh Air Friday at Martin's North Point. Free food, games, prizes, etc.</p> <p>Reminder Partners can upload their community events to the HWC website; contact Hannah Person for help</p>
<p><b>Introductions / Contact Information</b></p>	<p>Introductions / Contact</p> <ul style="list-style-type: none"> <li>○ Brandon Rhodes – Washington County Health Department Cancer Screening Prevention and Treatment Program, Community Health Educator</li> <li>○ Norma Burcker - Meritus CHEO summer intern</li> <li>○ Janis Williamson - The Arc of Washington County</li> <li>○ Chip Wood - Retired consulting environmental engineer</li> <li>○ Lindsay Ridenour – WCHD</li> <li>○ Scott Ruble - Horizon Goodwill Industries</li> <li>○ Kenneth Winebrenner - Horizon Goodwill Industries</li> <li>○ Brooke Kerbs - Washington County Mental Health Authority, <a href="mailto:brookek@wcmha.org">brookek@wcmha.org</a></li> <li>○ Christie Staubs – Maryland Physician Care, <a href="mailto:cstaubs@mpcmedicaid.com">cstaubs@mpcmedicaid.com</a></li> </ul>

	<ul style="list-style-type: none"> <li>○ Laurie Sandberg - <a href="mailto:laurie.sandberg@meritushealth.com">laurie.sandberg@meritushealth.com</a></li> <li>○ Lisa McCoy - <a href="mailto:lmccoy@umd.edu">lmccoy@umd.edu</a></li> </ul> <p>Key HWC Meeting Contacts</p> <ul style="list-style-type: none"> <li>○ Danielle Stahl, Wash. Co. Health Dept., HWC Co-Chair, <a href="mailto:danielle.stahl@maryland.gov">danielle.stahl@maryland.gov</a></li> <li>○ Allen Twigg, Meritus Health, HWC Co-Chair, <a href="mailto:allen.twigg@meritushealth.com">allen.twigg@meritushealth.com</a></li> <li>○ Hannah Person, Wash. Co. Health Dept., HWC Website Coordinator, <a href="mailto:hannah.person@maryland.gov">hannah.person@maryland.gov</a></li> <li>○ Jeanette Brill, Meritus Health, WebEx Organizer &amp; Meeting Note taker, <a href="mailto:Jeanette.brill@meritushealth.com">Jeanette.brill@meritushealth.com</a></li> </ul>
<p><b>Next Meeting</b></p>	<p>Tuesday, September 7, 2021 10:00-11:30 am via WebEx</p> <p>❖ ACTION: Send Future Agenda Items to Danielle or Allen.</p>