



*Healthy Washington County
Meeting Minutes*

Healthy Washington County Meeting	
Date & Time	<i>November 2, 2021 / 10 am – 1130 am</i>
Location	<i>Webex</i>
Attendees	Jeanette Brill; Allen Twigg; Doug Spotts; Lynnae Messner; Danielle Stahl; Christie Staubs; Jared Blakeslee; Joni Rampolla; Lindsay Ridenhour; Brandon Rhodes; Brooke Grossman; Mekayla Plotner; Scott Ruble; Jennifer Schmiel; LWilson; Paul Frey; Stacie Turner; Wendy Zimmerman; ForensicRNProgram; Amanda Pierce; Jocelyn Hauer; Mike Vecciarelli; Cindy Earle; Laurie Sandberg; Janice Howells; Deb Lehr; Kelli Tencer; Lisa McCoy; Melissa Dasch; Kim Murdaugh; Nikki Snider; Amy Olack; Heather Guessford; Annaston Cree; Joelle Butler; Curt Miller; Ursula Guillory; Christina Williams; Nefertiti Guillaume; Ashley Petrolino; Kelly Llewlynn; Sarah Bush; Kenneth Winebrenner; Leah Barnes; Susan Walter;
Guest	N/A *If you attended this meeting and not listed above; please email jeanette.brill@meritushealth.com
Welcome / 3 Good Things	Members discussed good things happening around them.
Minutes Review	Minutes were dispersed via email, no edits noted. Approved as written.
COVID-19 / Vaccination Update	Washington County remains at High transmission; Washington County 8% vs. MD 3% positivity rate; 45 COVID-19 positive patients currently hospitalized WCHD publishes a media release every Friday with vaccine clinics, testing locations, and county statistics Planning for child vaccine clinics when FDA approves for 5-11 year olds
Go for Bold-Lose 1 Million Pounds Update	Current Partners: 45; Year Goal: 50; Welcome to our new partners: FitMinded Living / Power House Studios, Amerigroup, 28 South, and Bulls and Bears Current registered users: 2,348; Year Goal: 4,500 Current pounds pledged: 323,765; Year Goal: 500,000 Current pounds lost: 21,344; Year Goal: 35,000
FY2022 CHNA	Conducted Key Informant interviews with community stakeholders (vs. conducting a mass community survey) Completed: 22 Key informant interviews; 10 Focus Groups (120 persons)

Allen shared an overview of existing data and findings

Primary sources for CHNA secondary data:

[Historical Apportionment Data Map \(Interactive\) \(census.gov\)](#)

[Community Solutions Hub](#)

[Washington County, Maryland | County Health Rankings & Roadmaps](#)

[OCC Data Dashboard \(maryland.gov\)](#)

Current phase: preliminary results

- Top 5 Health Priorities
 1. Mental Health
 2. Obesity/Overweight
 3. Substance Abuse
 4. Diabetes
 5. Healthy Diet
 6. Heart Disease & Hypertension
- Top 5 Social Determinants
 1. Affordable Health Care
 2. Education
 3. Housing/Homelessness
 4. Access to Healthy Food
 5. Employment
 6. Food Security

Next Steps: CHNA Steering Committee to finalize data and determine health priorities for FY22 – 24; review & update action plans; plan to publish full FY22 CHNA report in spring 2022

Feedback

- Has the committee looked at other area CHNAs and how their communities addressed similar issues? Yes, we have visited other counties in the past, as well as reviewed best practices and other resources before finalizing action plans. Ex. Let's Lead presented previously an example of another state's initiative. The Community Solutions Hub also provides links to best practices across the country,

❖ **ACTION:** A DRAFT version of the CHNA slides will be sent out with minutes as a PDF.

<p>HWC Subcommittee Updates</p>	<p>Behavioral Health</p> <ul style="list-style-type: none"> ○ Conducted behavioral health focus group for CHNA ○ Brooke Kerbs continues to provide suicide prevention and gun safety training <p>Chronic Health now called Health Management</p> <ul style="list-style-type: none"> ○ Continue to drive county residents to HWC website; sent 20,000 postcards in September promoting Go for Bold! and website; saw slight uptick in website traffic ○ November 14 World’s Diabetes Day; November 12 all Meritus Practices will be conducting pre-diabetes risk assessments with their patients; the risk assessment is also available on HWC website ○ Restarting Coordinated Approach to Childs Health (CATCH) program w/YMCA afterschool programs; evidence based program designed to decrease obesity in kids <p>❖ ACTION: If interest in becoming a Diabetes Prevention Program Coach or hosting a DPP class please contact Laurie Sandberg, Laurie.Sandberg@meritushealth.com</p> <p>❖ ACTION: If interested in joining either subcommittee; send request to HWC co-chairs.</p>
<p>Community Updates</p>	<p>MD Physician Care hosting Toy drive; flyer available with hyperlink to shopping site; items sent to MPC will be donate to WC Head Start; contact Christie Staubs at cstaubs@mpcmedicaid.com</p> <p>Kelly Llewellyn: “Your Heart, Your Life” gear towards Hispanic community, March 2022 go live, 4 week program at 2 locations: Tuesdays 10-12 pm at St. Joseph’s Catholic Church & Fridays 6-8 pm at Church of Nazarenes; focusing on heart disease, diabetes, physical activity, and healthy eating; flyer in works and available closer to date</p> <p>Lisa McCoy & Susan: “Healthy Hometown Restaurant” program; January go live; chefs will conduct cooking demos/videos and giving recipes; will offer awards as incentives to participate; currently finalizing details and standards restaurants will need to have; more information to come</p> <p>Curt Miller: November is National Family Caregiver Month; Brook Lane and Potomac Case Management Services partnered to provide Facebook live programs: Mindfulness Strategies for Managing Caregivers Stress, How Spirituality Can Help the Caregiver, Navigating the Challenges of Caregiving-Sharing Personal Experiences, Navigating the Challenges of</p>



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	<p>Caregiving-Legal and Financial Aspects; Handling Holiday Stress While Caregiving; information available on Brook Lane website Nefertiti Guillaume: Open enrollment has begun with Maryland Health Connection; please call our AHEC West navigators at 888-202-0212 to renew/enroll. Nov 1 thru Jan 15th</p>
Next Meeting	<p>Tuesday, January 4, 2022 10:00-11:30 am via WebEx</p> <p>❖ ACTION: Please send requests for presentation or agenda items to Danielle or Allen.</p>